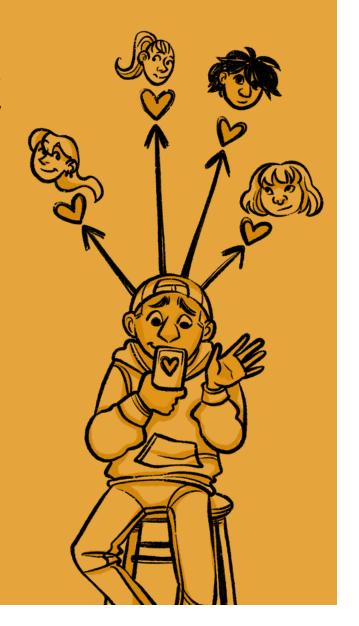


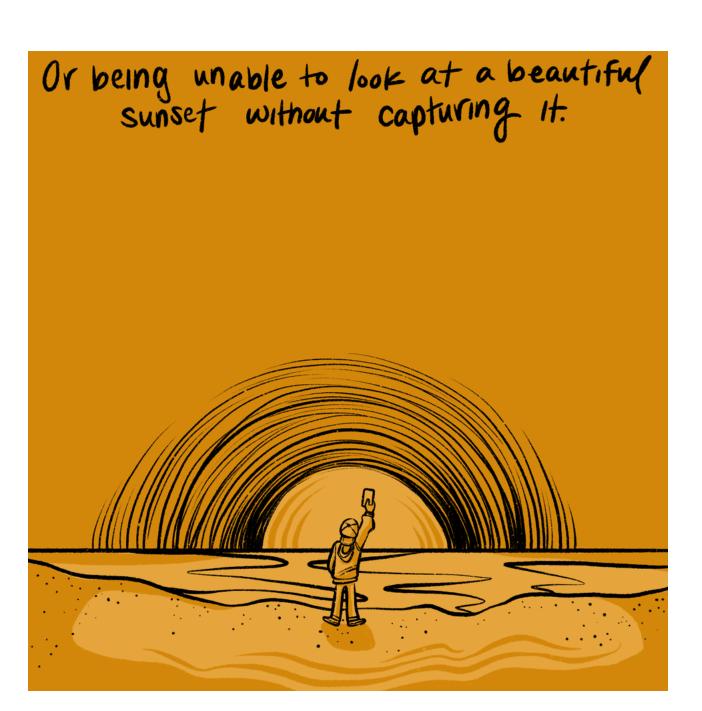
Obviously, sharing things with people online is not inherently a "bad thing." Technology can be an awesome tool when genuinely used to connect us (especially with long distance friends and family).



But there are moments when it does become a problem.



Like when you're hanging with friends, but can't stop focusing on getting the perfect picture for your story to prove that you were hanging with friends.





It's something we've learned, and it can be unlearned. Some things don't have to be shared.
Some things can be just for you.